



Silai For Skills



Course Programme

Sept 2012

News



NEW PARTNERSHIP BETWEEN SPAN AND SILAI FOR SKILLS

Based within the Silai Centre SPAN and Silai for Skills have joined forces to offer you a range of affordable courses with childcare for people across Bristol.

You will also be able to register on all courses at the same time and access the childcare services (subject to availability) when you attend a course.

Silai and SPAN have created a safe friendly and welcoming environment for adults and children from different backgrounds and from all parts of the city. We offer high quality learning opportunities for all levels of ability and the opportunity to create new social networks.

This only the beginning of something new and exciting so watch this space!

OPEN DAYS AT THE SILAI CENTRE

Friday 7 Sept 2012 10am-3pm

Friday 14 Dec 2012 10am-3pm

Find out what Silai and SPAN can offer YOU!

- See Hair & Beauty, Sewing & personal development demonstrations
- Learn about our courses in Early Years and Education, Sewing, Maths, English, ICT,
- See Early Years Education and Crèche facilities
- Join our Parenting Programmes
- 1:1 support and information for parents
- Find out about our volunteering opportunities
- Eat in our Café with space to socialise



SPAN PRE-SCHOOL - ONLY A FEW PLACES LEFT FOR SEPTEMBER!

The SPAN Pre-school at Silai opened in January and offers high quality inclusive early years education. We have a few places left for a September start.

If your child is 3 before September 1 they will be eligible for 15 hours of free early years education. We can offer half or full day sessions and are open 9am-3pm term time only.

Parents with children in the pre-school get priority on courses!

email info@silai.org.uk to sign up now

ESOL, ICT & MATHS

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)

We have ESOL classes at entry level 1-3 delivered in partnership with City of Bristol College and the Learning Curve. Some classes are focusing on improving reading and writing skills.

We also run mixed ability ESOL classes in nurseries and schools in the East Central area of Bristol in partnership with Bristol City Council's extended school services.

Please contact our office to get more details about place, time, cost and spaces available.

MATHS FOR BEGINNERS

This course is for people with only basic knowledge of Maths. The course will support you to feel more confident when dealing with numbers in your everyday life.

Start Date: 17 September 2012 (10 weeks)

Time: Mondays 9.30am - 11.30am

Cost: FREE for people who have less than a level 2 qualification.

MOVE ON WITH MATHS

This course is aimed at anyone who would like to improve their Maths to increase their employment prospects or who need a qualification to apply for further study in college or elsewhere.

Start Date: 17 September 2012

Time: Mondays 12.30pm - 2.30pm

Cost: FREE for people who are unemployed and looking for work.



SEWING, TEXTILES AND UPHOLSTERY

BASIC SEWING

This course is suitable for beginners or for those who would like to refresh their skills. You will learn and fabric types, textures and uses, different seams, darts and zip insertions. You will work on your own projects making anything from a simple bag, or apron to child's dungarees.

Start Date: September 2012 12 weeks

January 2013 12 weeks

Time: Thurs 9.30am - 2.30pm or Weds 6pm - 9pm

Cost: £120 or Concessions: £40/FREE

REVAMP, RESTYLE, REUSE

Have fun re-vamping and re-cycling your old garments to make something exciting, or alter your existing clothes to fit you. This course is for those with some garment construction experience, pattern cutting or general sewing with creative flare. During the course you will work on a chosen item to alter/change and re-use to create something new. The course is offered in 6 week blocks so that students can achieve results in a short time and progress to acquire new skills and revamp new items. This course also offers advice and support for students wishing to start their own business.

Start Date: September (6 week module)

January (6 week module) April (6 week module)

Time: 9.30am - 2.30pm

Cost: £75 or concessions: £40

PATTERN CUTTING

Learn the principles of Pattern Cutting to design your Bodice block and go on to create your own patterns and clothing. The course requires experience in making clothes or using commercial patterns as a good foundation. Students are offered the option to gain a National Open College Network Qualification NOCN in pattern cutting. The course is offered in 3 modules - beginners, intermediate and advanced over 3 terms to allow those students who wish to progress and gain more experience and qualifications to do so. This course also offers advice and support for students wishing to start their own business.

Start Date: Sept 2012/January 2013/April 2013

Cost: £75 each module or concessions: £40



GARMENT CONSTRUCTION

This course will teach you all the techniques required to lay your pattern cut the fabric and construct your garment to a good standard. The course is offered in 3 modules - beginners, intermediate and

advanced over 3 terms to allow those students who wish to progress and gain more experience and qualifications to do so. This course also offers advice and support for students wishing to start their own business.

Start Date: September (6 week modules)

Time: Wednesday 9:30am - 2:30pm

Cost: £75 per module or concessions £40

CORSET MAKING

During this course you will learn how to work with corset making components, including fabric, eyelets, binding, lacing and steel boning. Some experience of sewing is essential as the courses are productive intensive but fun. Students will work to produce a corset of their style and choice using traditional and modern techniques. This course also offers advice and support for students wishing to start their own business.

Start Date: September 2012 (6 week modules)

Time: 9:30am - 2:30pm Fridays

Cost: £80 per module or concessions £40

UPHOLSTERY LEVEL 1

This course is for the new comer to upholstery so no experience required. You will work on various projects throughout the 30 weeks; for example upholstering an ottoman, upholstering a modern stool/headboard; upholstering a traditional fireside/nursing chair; upholstering an over-stuffed chair. Modern and traditional skills and tools will be utilised to restore your furniture. Course fee do not include furniture and upholstery fabrics, which must be provided by the student. Students have the option of acquiring an NOCN accreditation.

Start Date: September 2012 (30 weeks)

Time: Wednesday 9.30am - 2.30pm

Cost: £300 or concessions £90

UPHOLSTERY LEVEL 2/3 NOCN

This course is for the student who has completed Level 1 in upholstery who wishes to develop their skills, practise; gain a further qualification or go into business. You will work on various projects throughout the 30 weeks; to fully restore chosen items of furniture fully restoring them using traditional and modern methods. The course fee does not include furniture and upholstery fabrics which must be purchased by the student. Students have the option of acquiring an NOCN accreditation for this course option. This course also offers advice and support for students wishing to start their own business.

Start Date: September 2012 (30 weeks)

Time: Thursday 9.30am - 2.30pm

Cost: £300 or concessions £150

AN INTRODUCTION TO CURTAIN MAKING, SOFT FURNISHINGS & INTERIORS

Students will start with basic soft furnishing projects like cushion covers and simple blankets and progress to chosen projects such as curtains, tie backs, pelmets and headings and bedding projects. The course is for those with basic sewing skills or more advanced sewing knowledge. Students will work with our experienced tutors to increase their knowledge of sewing techniques; equipment and tools to create personal projects at their own pace and level.

Start Date: September (12 weeks)

Time: Wednesdays 9:30am - 2:30pm

Cost: £120 concessions £40

CURTAIN MAKING, SOFT FURNISHINGS & INTERIORS NOCN CERTIFICATE

This course is for those with more advanced sewing knowledge. Students will work through a range of projects to establish skills with our experienced tutors to increase their knowledge of sewing techniques; equipment and tools to create personal projects at their own pace and level.

Start Date: September (30 weeks)

Time: Friday 9:30am - 2:30pm

Cost: £300 concessions £75

CREATIVE CRAFTS NOCN - COMING SOON

Choose from a range of creative crafts embroidery, ceramics, flower arranging, textile decoration, stained glass, knitting, in short 6 modules on this accredited course.

Start Date: September (max 24 weeks) Time: TBC

Cost: £60 each module concessions £30/free

EARLY YEARS AND EDUCATION

CHILDCARE - AN INTRODUCTION

This course is aimed at carers/parents and people considering childcare as a career offering a basic understanding of childcare.

Course content includes:

- *Understanding and promoting children and young people's development*
- *Working together for the benefit of children and young people*
- *Promoting equality and inclusion in children and young people's settings*
- *Enabling parents to encourage ways of developing positive relationships with children; good mental and physical development for children*

Start Date: September (8 weeks)

Time: 9.30am - 12.30pm

Cost: £45 or concessions free/£20

CACHE LEVEL 1 AWARD IN INTRODUCTION TO HEALTH, SOCIAL CARE AND CHILDREN & YOUNG PEOPLE'S SETTINGS

This course develops knowledge and awareness of the types of provision in the Health, Social Care and Children's and Young People's sectors. It includes the roles played by workers – from principles and values through to health and safety and working with others.

It is suitable for anyone considering a career in health and/or social care with adults or children and young people.

Start Date: (20 weeks)

Time: Friday 9.30am - 2.30pm

Cost: £150 or FREE for people that are unemployed and in receipt of JSA, ESA or income support.



CACHE LEVEL 2 CERTIFICATE FOR THE CHILDREN AND YOUNG PEOPLE'S WORKFORCE

This qualification is designed to help learners build the knowledge and skills needed when working under supervision with children and young people from birth to 19 years of age. It covers a diverse range of job roles and occupational areas working in children's settings including early years and social care.

Start Date: September

Time: 9.30am - 2.30pm Monday (30 weeks)

Cost: £250 or concession FREE



CACHE LEVEL 2 CERTIFICATE IN SUPPORTING IN SUPPORTING TEACHING AND LEARNING IN SCHOOLS

This qualification will enable learners to develop the knowledge and skills needed when supporting teaching and learning in primary, secondary or special schools. It covers a wide range of areas including children and young people's development, supporting those with disabilities or special educational needs and communication and professional relationships.

Start Date: September 2012 (30 weeks)

Time: Wednesday 9.30am - 2.30pm

Cost: £250 or concession FREE

CACHE LEVEL 3 DIPLOMA FOR THE CHILDREN AND YOUNG PEOPLE'S WORKFORCE

This qualification is designed to build the knowledge and skills needed when working with children and young people from birth to 19 years.

To attend this course you will have to volunteer in an early years or educational setting for at least 12 hours per week.

Start Date: (30 weeks)

Time: Thursday 9.30am - 12.30pm

Cost: FREE for people who are unemployed



HAIR & BEAUTY

BASIC HAIR DRESSING

Working from Silai's on Site Hairdressing Salon you will have an introduction to salon services, customer safety and customer service. Hair colouring, highlighting methods, perming/relaxing cutting and styling will be covered, developing your existing hairdressing skills. The course is aimed at all ethnicities and will cover Black Afro – Caribbean, Asian, European, Somali and dual heritage hair techniques including, styling braiding and natural hair care.

Start Date: September 2012 (9 weeks)

Time: Wednesday evening 6pm – 9pm

Cost: £100 or concession FREE/£45

CREATIVE HAIR STUDIES NOCN AWARD 1

A comprehensive accredited course in hairdressing covering all the basic aspects of haircare, styling, colouring, cutting and customer service. This course is suitable for beginners who are considering hairdressing as a career. The course is aimed at all ethnicities and will cover Black Afro – Caribbean, Asian, European, and dual heritage hair techniques including, styling braiding and natural hair care.

Start Date: TBC

Time: Weds 9.30am – 2.30pm

Cost: £90 or concession free/£45

CREATIVE HAIR STUDIES NOCN CERTIFICATE 2

As above - a comprehensive accredited course in hairdressing for those with some experience wishing to refresh or develop existing skills.

Start date: TBC 30 weeks 9.30am – 2.30pm

BEAUTY AND SKIN CARE FOR ALL:

Working within Silai's in-house Salon & Beauty parlour this course offers the basic aspects of general skincare, from a salon perspective – covering health and safety customer service and client consultation; skin cleansing routines; identification of suitable



colour pallets; makeup application techniques, pedicure and manicure techniques, eyebrow shaping, threading, henna hand painting – hair removal techniques.

The course is aimed at all cultures, skin colours and ethnicities to share skills; knowledge and practise so the students feel confident and appreciative of cultural diversity in Skin care and beauty. Practical sessions and some written work are encouraged

Start Date: September (8 weeks)

Time: Monday evening 6pm – 9pm

Cost: £90 or concession free/£45

INFORMATION ADVICE AND GUIDANCE

THE SKILLED ADVISOR OCN LEVEL 2 AWARD

Develop the skills and knowledge you need to support people to make informed choices. This course offers a pathway to work in information, advice or guidance and will provide you with the theory and practice to work in this field. As well as teaching days you will complete a placement in an information, advice or guidance work setting. Applications are encouraged from learners who have used support services themselves and are ready to progress to employment.

Start Date: September 2012 (20 weeks)

Time: Thursdays 12.30pm – 2.30pm

Cost: £150 or concession FREE

PERSONAL DEVELOPMENT AND EMPLOYMENT

REALISE YOUR POTENTIAL

This course provides students with the confidence and skills to actively seek out ways to achieve their goals and aspirations, not just in the workplace, but in all aspects of life. You will improve your communication skills and have a greater understanding of what you want and how to go about achieving it.

Start Date: 19 September 2012 (10 weeks)

Time: Wednesday 9.30am – 11.30am

Cost: FREE for level 2 & under



IN OTHER WORLDS

This course is delivered in partnership with Bristol University's English Department. Participants will read a selection of novels and short stories by a range of contemporary writers, and consider how they represent issues such as home, family, work and memory.

Start Date: October 2012 (8 weeks)

Time: Friday 9.30am – 11.30am

Cost: £100 or concession FREE.

CERTIFICATE IN GENERAL FOOD AND BEVERAGE SERVICE - OCN LEVEL 1

Students will learn about food safety in catering and service; customer service; drink preparation and service industry; health and safety. Students are expected to work on a voluntary basis in Silai's Café Opportunities for Practical experience and assessments towards their qualification. An excellent course for those wishing to work in catering.

Start: Various (6 – 12 weeks)

Cost: £60/£30/free

INITIAL ASSESSMENTS

Some of our courses, including all childcare courses and basic skills courses (including ESOL) require you to take an initial assessment. We organise regular assessment days prior to courses starting. Please call our office to book a place.

COURSE REGISTRATION

To register for any of our courses or groups come along to the Silai Centre. You will need to bring proof of ID with you and evidence that you are receiving benefit if you want to apply for a concessionary fee.

FEES

We charge a £5 registration fee for each course you register for. Any additional costs will depend on the type of course, exams you take and your personal circumstances. If you are in receipt of income based benefits and/or have less than a level 2 qualification you may be eligible for a free course.



CHILDCARE

SPAN runs an Ofsted registered high quality crèche and a pre-school at the Silai Centre. If your child is three and does not attend a nursery school elsewhere or if you are in receipt of income based benefits you may be eligible for a free childcare place while attending Silai and SPAN courses. If you are not eligible for a free place but need childcare to attend a course, you can buy a place for £2.75 per hour. As we are Ofsted registered, you may be able to claim some money back through Tax Credits if you are a low income working family. Please note that we charge a one-off £5 registration fee for all parents who wish to use the crèche during the academic year.

If you want a childcare place, please book early as places are limited.



THE SILAI CAFE

From September the Silai café will be open every day during the week.

You will be able to buy cheap tea, coffee, refreshments and cakes. During lunch hours a daily dish will be served at a very affordable price.

We are currently looking for volunteers that are able to commit to at least 3 hours a week to help us run the café.

If you are interested, please give us a ring or pop by.

VOLUNTEERING OPPORTUNITIES

At the Silai Centre there are various opportunities to become a volunteer. Volunteering will allow you to gain practical experience in a work place, get references and contribute to the success of a great community project!

Opportunities available in September:

- *Childcare*
- *Café*
- *Parent Support*
- *Outreach*

Where possible, we encourage you to attend training in your chosen area so that you can continue to develop your skills and knowledge.

If you want to volunteer, you will have to commit to at least 3 hrs per week for a minimum of 12 weeks.

PARENTING PROGRAMMES

Strengthening Families, Strengthening Communities (SFSC)

Delivered in various venues across the city, SFSC is a weekly meeting for parents and carers who would like to increase their parenting skills and improve adult/child relationships at home and in the community. We cover strategies for successful parenting focusing on areas such as self esteem, life skills, anger management, supporting your children in school and using community resources.



SUPPORT AND INFORMATION

Parent Support Service

Our parent support team is able to offer parents 1:1 support and information on any issues of concern including benefits, employment and housing. They are also able to help with filling out forms or writing letters. We have a dedicated fathers worker and a parent support worker who speak Somali. If you want to see a parent support worker please call SPAN to make an appointment. You can also come to one of our drop in sessions:

Tuesdays 9:30-12:30

Thursdays 9.30-12.30 (support in Somali)

Online Support

If you are a single parent or have relationship problems, our One Space website is a place where you can find help on a variety of issues, from every aspect of parenting to issues regarding money, benefits, relationships, divorce and separation. There's an online forum where you can meet people in a similar situation to yourself, and intensive email advice is available from professionals. Free online courses are available including those to help you prepare for work. To find out more go to www.onespace.org.uk



Register for a course now....

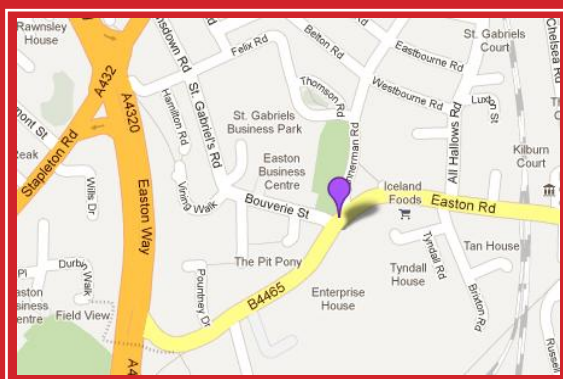
To register for any course please:

Download a registration form from
www.silai.org.uk and email it to info@silai.org.uk

Come into the Silai Centre at 176 Easton Road, Bristol between
9 -3pm Monday to Friday and pick up a registration form.

Call us on 0117 952 2712 or 0117 941 5180 to request a form.

Email: info@silai.org.uk to request an emailed registration form.



Where to find us

@ Silai Centre, 176 Easton Road, Easton, Bristol, BS5 0ES.

Silai is located between the Texaco petrol station
and Iceland on Easton Road.

The Silai Centre is at a walking distance from Lawrence Hill train station
and buses 506, 6 and 7 stop nearby. It is also easy to access by bike or car
as it is just off the Bath-Bristol cycle path and close to the M32 Junction 3
and Lawrence hill roundabout.

Tel: 0117 952 2712 and 0117 941 5180

Email: info@silai.org.uk

SPAN Registered Charity No:1092929

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